Primary Menu Fermanagh Area

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02/9 30/9, 28/10, 25/11, 23/12, 27/01, 24/02, 24/03, 21/04, 19/05, 16/06.	Spaghetti Bolognaise Herb Bread Oven Baked Sausage Carrots & Sweet corn Mashed & Baked Potatoes Ice Cream Wafers Fresh Fruit	Baked Gammon & Pineapple Chicken Pasta Bake Cabbage & Cauliflower/Parsley Sce Dry Oven Roast & Mashed Potato (H) Flakemeal bis/Custard/Ft	Home Made Soup Potato & Bread Beef burger & Bap/Side salad Choc Brownie / Cup Cake Fruit Milkshake (H)	Chicken Curry & Rice Cheese and Tomato Pizza Baked Beans / Sweetcorn Mashed Potatoes & Chips Naan Bread Orange Sponge & Custard (RMF)	Oven Baked Crumbed Fish & Lemon Chicken Wrap /Chicken Paninis Peas / Coleslaw Mashed & Diced Potatoes Biscuit / Yoghurt / Fresh (RMF)
Week 2 09/09 07/10, 04/11, 02 /12, 06/01, 03/02, 03/03, 31/03, 28/04, 26/05, 23/06	Cottage Pie or Savoury Mince Stuffed Bacon Rolls Broccoli & Carrots Mashed Potato /Pasta Fruit Krispie Squares / Fruit & Custard (H)	Beef Curry & Rice or Beef stew Chicken Drumsticks Sweet corn & Mixed Vegetables Mashed Potatoes /Naan Bread Fruit Muffin & Custard	Oven Baked Crumbed Fish Chicken Broccoli Bake Baked Beans/ Peas Mashed Potato / Parsley Sauce Swiss Roll Fruit/ Custard (RMF)	Roast Chicken Stuffing & Gravy Macaroni Cheese Carrots & Cauliflower Dry Oven Roast & Mashed Potato Apple Crumble or Sponge Custard (H) (RMF)	Chilli Chicken & Salad Wrap / Oven Baked Sausages Sweetcorn / Peas Mashed Potatoes & Chips Ice Cream Fruit & Jelly (RMF)
Week 3 16/09 14/10, 11/11, 09/12, 13/01, 10/02, 10/03, 07/04, 05/05, 2/06, 30/06.	Chicken Curry & Rice Fish Fingers & Lemon Sweetcorn & Carrots Mashed & Diced Potatoes Milk Pudding & Fruit or Fruit Muffin (RMF)	Roast Pork & Apple Sauce Stuffing & Gravy Lasagne Carrots/Cauliflower Mashed & Dry Oven Roast Potatoes Ginger Bread Biscuits Fruit (H)	Home Made Soup – Potato & Bread Hot Dog /Veg/ Side Salad Roll Ice Cream Tub Fresh Fruit	Vegetable Pasta Bolognaise Steak Burger & Onions Baked Beans & Broccoli Mashed & Baked Potatoes Strawberry Cheesecake / Swiss Roll Fruit &Custard (H)	Sweet Chilli Chicken /Noodles Oven Baked Fish Peas & Mixed Vegetables Mashed Potato & Chips Fruit Sponge & Custard (RMF)
Week 4 23/09 21/10, 18/11, 16/12, 20/01, 17/02, 17/03, 14/04, 12/05, 09/06.	Beef Curry & Rice Cheese & Tomato Pizza Turnips & Peas Mashed & Baby Boiled Potatoes Crunchy Fruit Crumble & Custard/ Frozen Fruit Yoghurt (H)	Roast Chicken Stuffing & Gravy Cheese Paninis Cauliflower & (RMF) GreenBeans (H) Dry Oven Roast & Mashed Potatoes Fruit Cracknel / Fruit	Oven Baked Sausage Chicken stir –Fry with Rice Sweet Corn / Carrots Mashed Potato / Chips Biscuit / Fruit / Yoghurt	Cottage Pie (Leek & Pot Top) Salmon Cake & Lemon Mixed Veg & Peas Mashed & Baked Potato Chocolate Fruit Sponge & Custard	H/M Chicken Goujons Tuna & Pasta Bake Sweet Corn & Baked Beans Mashed & Herb Diced Ice Cream / Fruit Chocolate Sauce (RMF)

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If your require any additional information on allergens or special diets please contact the school in the first instance.